

Empowering God's Children and Young People© Safety Program
Cycle 1: Healthy and Unhealthy Relationships
Grades: 9th – 12th
2026 – 2027 Permission Slip



To: Parents and Guardians of all Teens in Year 1 and Year 2 Confirmation Preparation

From: Jennifer Kozakowski, Director of Teen Confirmation

Subject: Empowering God's Children and Young People© Safety Program

Date: May 1, 2026

The staff of **St. Paul the Apostle Catholic Community** and the Archdiocese of Los Angeles are committed to your child's safety and well-being. We present the Empowering God's Children and Young People© Safety Program to our students each year. Child sexual abuse continues to afflict our society. There is an ongoing need for children and young people to be empowered with the knowledge and tools to keep themselves and others safe from harm. This Archdiocesan Program includes a catechetical connection that highlights God's love and desire for the health and safety of all children and young people.

We will be presenting **"Healthy and Unhealthy Relationships."** The goal of this lesson is to help high school teens be aware of the importance of healthy relationships with peers, adults, and others online. Participating in this Program will help teens recognize healthy relationships and avoid unhealthy relationships. The program has proved invaluable in empowering our teens to be vigilant in all their relationships to keep themselves safe.

The program will be presented to our students during the **November sessions**. Parents or guardians must give permission for their child(ren) to participate in this Safety **Program** by returning the completed *permission slip* below. If you would like additional information regarding the Safety Program or to review the materials, contact **Jennifer Kozakowski** at jkozakowski@sp-apostle.org

St. Paul the Apostle Teen Confirmation Program
Empowering God Children and Young People© Safety Program
Cycle 1: Healthy and Unhealthy Relationships
Parent/Guardian Permission Slip
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My signature below confirms that my child, _____ has my permission to participate in the *Empowering God's Children and Young People© Safety Program* "Year 1: "Healthy and Unhealthy Relationships." I understand I must complete and return this Parent/Guardian Permission Form **for each child participating** by **October 15, 2026**.

Child's Name (printed): _____

Parent/Guardian Name (printed): _____

Parent/Guardian Signature: _____

Date: _____